

IMPACT REPORT

Inspiring people to live healthier and happier lives



Social adVentures Core Values

We co-produce our values with our teams, consulting with each and every person who works for Social adVentures about how it feels to work here, what makes them proud and how they want to see the organisation moving forward. We check in with teams on our values every 2 years.

Our Core Values are:



HAPPY

Our teams are friendly, honest and caring. We are proud of the work we do and enjoy working together.



OUTSTANDING

We are constantly striving to be outstanding with a professional and positive attitude. We are approachable and always happy to help.



COURAGEOUS

We empower each other to make a difference through a supportive and hardworking environment.



INNOVATIVE

We are innovative and passionate about making meaningful and measurable positive impacts to people and communities.



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Who are Social adVentures



Established in 2011 Social adVentures is a multi stakeholder cooperative specialising in public health, residential childcare and social care contracts that run alongside social businesses including childcare nurseries, training, a community gym and, forest schools.

We work across all age ranges encompassing Start Well, Live Well and, Age Well providing a range of services in the communities in which we work.

As a social enterprise we are a not for profit organisation with all profits going straight back into the services we deliver. This enables us to constantly improve care and quality and to invest in emerging areas of need.

Contained here is a snapshot of some of the services we deliver and the impacts they have. We are constantly striving to improve and expand our services around the needs of the people we work with.

To find our more visit www.socialadventures.org.uk
or email hello@socialadventures.org.uk

Services for Adults

Health Intervention In Salford



Our work:

Working with people in the community to prevent the need for them to progress up to more expensive services

We consistently deliver

over £2m

in social value against our public health contract every year, that's a social return on investment of £4 for every £1 spent.

Across our Adult Health and Social Care settings we deliver

more than 5000

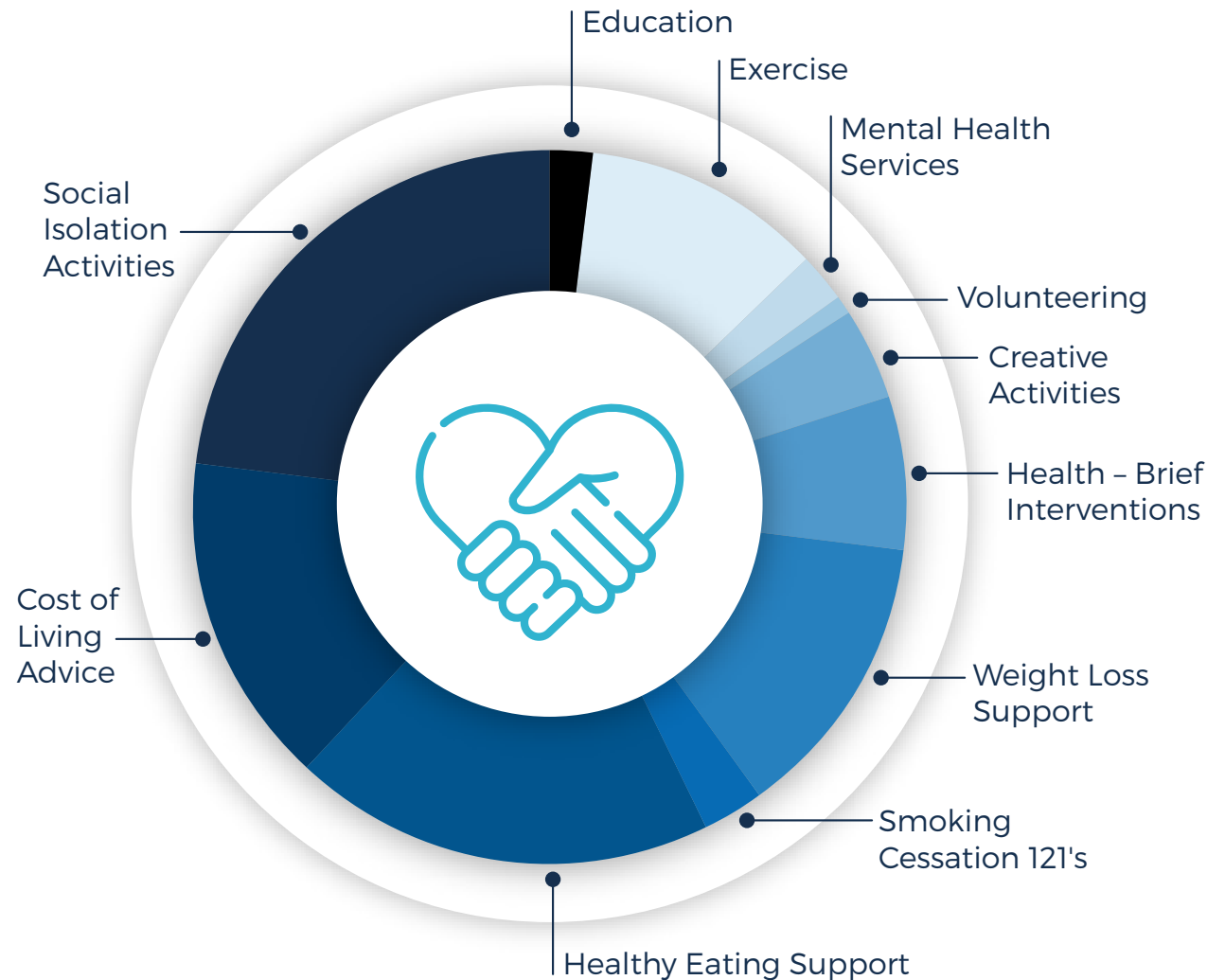
Health and Wellbeing Interventions each year.

The Angel Centre is a hub in the

heart of the Salford community

where people come to access a variety of health and wellbeing focused services.

Services we deliver by type



The Centre houses a variety of services provided by us, including a Welcome Hub space where subsidised hot meals are served, and activities take place every day. It also offers a Community Food Club and a space where adults can access advice on services available in their community. We provide a free Counselling service, 121 smoking cessation, free 121 Dietician and Nutritionist consultations, as well as free exercise classes ranging from Zumba and Yoga to Karate. Additionally, classes such as Art, Cooking, Confidence building, and more are available.

Moreover, we allocate over 100 hours per week of free space for other like-minded third-sector organisations to deliver interventions and activities that align with our ethos.

At its core, The Angel Centre serves as a community hub, offering a starting point for accessing numerous other services and resources. By utilising services aimed at reducing social isolation and food poverty, individuals establish trust with our staff teams and gain the confidence to explore additional public health services, volunteer opportunities, and engage in new activities.



Adults using the Centre report that:

65%

have been diagnosed with a long term health condition

63%

are on benefits

92%

are on a low income.

In an average year we deliver:

7600

hours of
volunteering



8000

hours of free
activities



700

free 121 weight
loss interventions



200

hours work and job
skills support



1200

social isolation
interventions



600

free exercise
interventions



28,000

hours of free room usage for
community groups and health
interventions



Social prescribing



Social adVentures is a proud partner of the Wellbeing Matters programme



Social adVentures has been delivering social prescribing in Salford for over 10 years and has been involved in pilot schemes, long running partnerships and evaluation studies all towards the development of the highly successful and robust social prescribing scheme that is in Salford today.

We have a large team of social prescribers including geographical specific Community Connectors, and Connectors that are focused on helping people with specific long term health conditions.

Social prescribing plays an important role in building resilient and self sufficient communities. Designed to be navigators for services and activities in the community, the Community Connector works with individuals 121 to help them build services around their lives. This 121 support helps individuals to access services that exist within the community but also works as a motivating factor to help people make a change and to stick at new programmes.

Crucially, social prescribing reduces the workload of GPs as the GPs, their receptionists (and often other medical professionals) can refer patients into the social prescribing service. This is ideal for patients with mental health concerns and, is also ideal for helping patients to access exercise, smoking cessation, social isolation activities, benefits advice, volunteering and much more. Often the biggest impact is seen in the GPs revolving door patients, who reduce the number of GP visits as they start to become more independent and resilient from utilising services in their community.

Garden Needs



At Garden Needs, we offer a non-clinical mental health program for the public, which is accessible to all Salford residents. Individuals can either be referred by a professional or refer themselves to participate in our services.

Garden Needs is situated just 10 minutes outside of Manchester city centre and provides an outdoor oasis of calm. The expansive space is particularly suitable for individuals experiencing anxiety, depression, or recovering from more severe mental illnesses. The abundance of space allows people to work independently or in small groups, according to their comfort level.

Many individuals seek out our services to regain their socialisation skills, build confidence, and engage in activities that divert their focus from negative thinking patterns.

We operate as a drop-in service, open two days a week, offering gardening, maintenance, horticulture learning, and woodland well-being sessions in the nearby forest. Participants not only benefit from these activities but also contribute to the community by helping to grow and harvest vegetables for our Food Club.



Children's Residential Services



Social adVentures opened their first children's residential home in Summer 2024 in Salford. Refurbished to an extremely high standard this home has a cosy homely feel offering residential places for 3 children.

We are on a journey to provide more family feel homes for children in care and deliver new models in foster care through our project - Foster at Home.

Every year, over 2000 children in Greater Manchester are brought into care, with 30% of placements breaking down within eight months. In 2021, the Competition and Markets Authority highlighted that prices and profits in this sector were excessively high, driven by large private providers burdened with substantial debt, putting both their stability and the welfare of children at risk.

Social adVentures is leading the charge to bring more third sector organisations into the children's residential market to ensure any surplus made from these services goes straight back into more high quality interventions for vulnerable children.



Early Years



Kids adVentures is our early years brand. We run traditional nurseries and forest schools for early years plus, holiday clubs and outdoor youth clubs.

We provide over 45,000 hours of Government funded childcare every year.

Our aim is to provide the highest quality of early years care at a competitive price which is fun, engaging, educational and caring. Our children have well rounded experiences and develop strong relationships with our caring childcare team. We run initiatives including early years specific mental health programmes, toddler yoga and mini mindfulness. We utilise natural resources wherever we can to fit with our forest school ethos.

We opened our pre-school forest school in 2016 and have since expanded the forest school ethos across the business. Our Prestwich pre-schoolers learn in forest school full time. We set up Kids

adVentures because we wanted to provide a more rounded approach to early years education and we wanted to work with whole families. As an organisation with its roots in public health and a history of working with adults in the community, we decided to expand into early years so that we could work with the wider family group from a young age.

We have several Level 3 forest school leaders and even have our own trainers so that we can offer this opportunity to the wider team.

All learning can be done in the outdoors utilising natural resources around us. The children enjoy activities including campfire cooking, den building and taking care of our resident chickens.

Primary school teachers tell us that the children that have come from our forest school are more independent, confident and aware of risk.

What our staff teams say:

"I love what we stand for and what we do."

"I believe our ethos and aims as a company are fantastic and are what every organisation in the sector should aim for, I believe with these aims we can truly make a difference."

"People and making people's lives better is at the core of what we do."

"I am very committed to the organisation I have worked here for 23 years."


"I feel valued and I can see how the company cares for its employees through schemes such as free counselling and funding any training that we would like as part of our own development."

"Our company stands for people over profit, which is why I was enticed by the company in the first place. Many other companies seem to only care for the money that they make, and not the healing that they could promote."

"We are a kind and considerate company, our managers are always thinking of new ideas to make our community and service users lives a little bit better for them, whilst also helping our staff with implementing their ideas."



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